

Thompson Island Outward Bound 2012 Summer Expeditions Course Offerings

Thompson Island Outward Bound is located in the Boston Harbor Islands National Park Area in Boston, Massachusetts, and enjoys a course area rich in cultural and natural history. One of 34 islands to explore, Thompson Island boasts 204 acres of woodlands, beaches, salt marshes, meadows, and high challenge adventure courses. Our Outward Bound Summer Expeditions: *Connecting with Courage*® (girls), *Passages*® (boys), and Environmental Expeditions (co-ed) explore the Boston Harbor Islands and/or the Massachusetts Bay. (*Scholarships based on financial need are available on first come first serve basis.*)

YOUTH EXPEDITIONS

Boston Harbor Sea Kayaking and Climbing

On this 12-day course join 9 new friends and your instructors on a sea kayaking adventure in the Boston Harbor Islands National Park Area. You will explore by day in your tandem sea-kayaks and camp by night on an island in the park. Learn kayak paddling and safety skills together with camping and cooking skills. Challenge yourself as you climb the 62' Alpine Tower on Thompson Island. Students learn environmental stewardship from their experiences as well as interactions with National Park Rangers and participate in a service project.

For Girls 12-13: *Connecting with Courage*® is a course that helps empower girls while developing a strong sense of self and compassion for others. Working together as a team, girls develop leadership and teambuilding skills.

| DATES | COURSE # | COURSE AREA | APPLICATION FEE | TUITION |
|----------------------------|----------|--|-----------------|---------|
| June 30 - July 11, 2012 | CWC160 | Boston Harbor Islands National Park Area | \$95 | \$2,100 |
| July 18 - July 29, 2012 | CWC162 | Boston Harbor Islands National Park Area | \$95 | \$2,100 |
| August 5 - August 16, 2012 | CWC168 | Boston Harbor Islands National Park Area | \$95 | \$2,100 |

For Boys 12-13: *Passages*® is a course that helps boys develop compassion and confidence while learning to work collaboratively to solve problems. Working together as a team, boys develop leadership and teambuilding skills.

| DATES | COURSE # | COURSE AREA | APPLICATION FEE | TUITION |
|----------------------------|----------|--|-----------------|---------|
| June 30 - July 11, 2012 | OBPA164 | Boston Harbor Islands National Park Area | \$95 | \$2,100 |
| July 18 - July 29, 2012 | OBPA168 | Boston Harbor Islands National Park Area | \$95 | \$2,100 |
| August 5 - August 16, 2012 | OBPA170 | Boston Harbor Islands National Park Area | \$95 | \$2,100 |

Boston Harbor Sailing and Climbing

On this 12-day course join 9 new friends and your instructors on a 30-foot pulling boat for an adventure in the Boston Harbor Islands National Park Area. You will explore islands throughout the harbor and sleep on your boat. Learn navigation and seamanship skill. Challenge yourself as you climb the 62' Alpine Tower on Thompson Island. Students learn environmental stewardship from their experiences as well as interactions with National Park Rangers and participate in a service project.

For Girls 12-13: *Connecting with Courage*® is a course that helps empower girls while developing a strong sense of self and compassion for others. Working together as a team, girls develop leadership and teambuilding skills.

| DATES | COURSE # | COURSE AREA | APPLICATION FEE | TUITION |
|-------------------------|----------|--|-----------------|---------|
| July 18 - July 29, 2012 | CWC164 | Boston Harbor Islands National Park Area | \$95 | \$2,100 |

Thompson Island Environmental Explorations (w/ Sailing + Climbing)

Join 10 new friends and your instructors on Thompson Island for 10 days of environmental exploration, sailing, and climbing. Discover and investigate the geology and ecology of the island's forests, meadows, salt marshes, tidal pools, and beaches. Cruise on a 30-foot pulling boat for day-sails in Boston Harbor. Learn navigation, seamanship, camp craft and orienteering skills while living in the outdoors. Climb the 62' Alpine Tower and other high-ropes challenges on Thompson Island. Students will interact with National Park Rangers and participate in a service project.

For Girls 12-13: *Connecting with Courage*® is a course that helps empower girls while developing a strong sense of self and compassion for others. Working together as a team, girls develop leadership and teambuilding skills.

| DATES | COURSE # | COURSE AREA | APPLICATION FEE | TUITION |
|----------------------------|----------|--|-----------------|---------|
| June 30 - July 9, 2012 | CWC158 | Boston Harbor Islands National Park Area | \$95 | \$1,800 |
| August 5 - August 14, 2012 | CWC166 | Boston Harbor Islands National Park Area | \$95 | \$1,800 |

For Boys 12-13: *Passages*® is a course that helps boys develop compassion and confidence while learning to work collaboratively to solve problems. Working together as a team, boys develop leadership and teambuilding skills.

| DATES | COURSE # | COURSE AREA | APPLICATION FEE | TUITION |
|-------------------------|----------|--|-----------------|---------|
| June 30 - July 9, 2012 | OBPA 162 | Boston Harbor Islands National Park Area | \$95 | \$1,800 |
| July 18 - July 27, 2012 | OBPA 166 | Boston Harbor Islands National Park Area | \$95 | \$1,800 |

Environmental Expeditions – Co-ed Sailing, Ages 14-17

On this 14-day course join 9 new friends and your instructors on a 30-foot pulling boat for an adventure in the Boston Harbor Islands National Park Area and Massachusetts Bay. You will explore marine habitat throughout your sail from Boston Harbor to Cape Ann and sleep by night on your boat. Learn navigation and seamanship skills. Challenge yourself as you climb the 62' Alpine Tower on Thompson Island. Students learn environmental stewardship, visit the Maritime Heritage Center in Gloucester, and whale watch with an interpretive naturalist.

| DATES | COURSE # | COURSE AREA | APPLICATION FEE | TUITION |
|----------------------------|----------|--|-----------------|---------|
| July 11 - July 24, 2012 | OBEE50 | Boston Harbor Islands National Park Area/Mass. Bay | \$95 | \$2,555 |
| August 1 - August 14, 2012 | OBEE51 | Boston Harbor Islands National Park Area/Mass. Bay | \$95 | \$2,555 |

Course Application Form

Please print clearly in all capital letters.

Course Choice

First Choice Course # Dates / - /

Second Choice Course # Dates / - /

Applicant Information

Name
FIRST LAST M.I.

Address
HOUSE NO. STREET APT. NO.

City State Zip Code

School Grade Entering in Fall Birthdate
MONTH DAY YEAR

email address

Parent/Guardian Information

| | |
|--|--|
| <input type="text"/> Father/Guardian | <input type="text"/> Mother/Guardian |
| <input type="text"/> Address | <input type="text"/> Address |
| <input type="text"/> City/State/Zip | <input type="text"/> City/State/Zip |
| <input type="text"/> Occupation | <input type="text"/> Occupation |
| <input type="text"/> Name of Business | <input type="text"/> Name of Business |
| <input type="text"/> Phone (Home) | <input type="text"/> Phone (Home) |
| <input type="text"/> EXT Phone (Work) | <input type="text"/> EXT Phone (Work) |
| <input type="text"/> email address | <input type="text"/> email address |

Payment Information

Make checks payable to: Thompson Island Outward Bound, P.O. Box 127, Boston, MA 02127, Attn. Admissions, 617-328-3900 x 144

- Nonrefundable application fee enclosed
- For Credit Card Payments: (Call admissions)
- Scholarship: complete scholarship application form on back
- Sponsored by organization: _____

Refund/Cancellation Policy: Application fee - **non-refundable**
 Student cancellation **for any reason** prior to course start:

- 60 days or more-100% tuition refund
- 30 to 59 days-50% tuition refund*
- 15 to 29 days-25% tuition refund*
- fewer than 15 days-no tuition refund; no tuition transfer

Medical Rejections-all monies paid refunded **minus** application fee**

Thompson Island Course Cancellations-all tuition and fees paid are fully refunded

* forfeited tuition is transferable to another course at Thompson Island Outward Bound scheduled to operate within one year from original course date

**conditional on all enrollment forms returned by required due dates

Thompson Island Outward Bound cannot make exceptions to any of its stated policies for any reason, including personal emergencies, weather or illness. We will not be responsible for any other costs including travel, medical fees or clothing.

My signature below indicates a genuine desire on my part to participate in an Outward Bound course, and an understanding of its challenging nature. I have read and accepted the terms of payment and the terms of the Refund Policy. I understand that final acceptance for this course is dependent on the approval of my Medical Form, and I accept that if I fail to meet payment schedules I could forfeit my place on a course.

Applicant's Signature _____ Date _____

Parent/Guardian's Signature _____ Date _____

Scholarship Application Form

Estimate of Need

- A. \$ _____ **Course Tuition**
 B. \$ _____ **Maximum Amount You Can Provide** (including aid from other sources)
 C. \$ _____ **Minimum Amount Needed** (A minus B)

Income Information

| ANNUAL INCOME | PARENT/GUARDIAN | PARENT/GUARDIAN 2 | ASSETS | PARENT/GUARDIAN | PARENT/GUARDIAN 2 |
|---------------------|-----------------|-------------------|-------------------|-----------------|-------------------|
| Salary Before Taxes | _____ | _____ | Cash on Hand | _____ | _____ |
| Other Income | _____ | _____ | Real Estate Value | _____ | _____ |
| Support | _____ | _____ | Investments Value | _____ | _____ |
| Total Income | _____ | _____ | Other Assets | _____ | _____ |

| | | | | | |
|--|--|--|---------------------|-------|-------|
| | | | Autos (yr./model) | _____ | _____ |
| | | | Total Assets | _____ | _____ |

ANNUAL EXPENSES

| | | |
|-----------------------|-------|-------|
| Rent/Mortgage | _____ | _____ |
| Living Expenses | _____ | _____ |
| Other Annual Bills | _____ | _____ |
| Combined Taxes | _____ | _____ |
| Total Expenses | _____ | _____ |

DEBTS

| | | |
|-------------------|-------|-------|
| Mortgage (s) | _____ | _____ |
| Bank Loans (all) | _____ | _____ |
| Other Loans | _____ | _____ |
| Credit Card Debt | _____ | _____ |
| Total Debt | _____ | _____ |

NET INCOME (Total Income minus Total Expenses): _____

NET WORTH (Total Assets minus Total Debt): _____

My child qualifies for the National School Lunch Program (NSLP) free and reduced-price meals

Additional Children in Family

Name _____ Age _____ School _____ Annual Cost of Education _____
 Name _____ Age _____ School _____ Annual Cost of Education _____
 Name _____ Age _____ School _____ Annual Cost of Education _____

Personal Scholarship Statement

Please use a separate piece of paper to briefly describe why you are requesting a scholarship. Include your situation and any unusual expenses or circumstances that you feel should be known to the Scholarship Committee. Include any information on other children in the family, what school(s) they are attending and if any financial aid has been awarded. I (we) declare that the information provided is true and complete:

Parent/Guardian Signature _____

Date _____

Please return completed form to:

Thompson Island Outward Bound®
 P.O. Box 127, Boston, MA 02127
 Fax: (617) 426-5637
 Attn: Admissions
 (617) 328-3900 X 144



Frequently Asked Questions

1. What are 'pulling boats'?

Pulling boats are 30-foot open hulled, dual sailed boats with a rear tiller designed specifically for Outward Bound. The boats are sailed or oared depending on the weather.

2. How do we sleep on the boats?

There are no cabins on the boats, so the oars are laid across the hull of the boat and the students' sleeping pads are put on top of the oars. Students fit best if they alter the directions in which they sleep—head to foot. If needed, a tarp is rigged to shelter the students from the weather.

3. Where do we sleep while camping?

Participants sleep in 3-person A-frame tents or under tarp shelters, which they are responsible for setting up.

4. Do we get to take showers?

You will not have the opportunity to take showers during the course. However, there are many refreshing water sources along the way and you will be able to shower at the end of course before you return home.

5. Who participates on these courses?

Our students come from all over the United States (and the world), with the majority coming from the New England states. They are ages 12 – 17, both young women and young men. Connecting with Courage®, Passages®, and Environmental Expeditions are designed for youth who are interested and motivated in a fun outdoor adventure! No experience or specific skill required.

6. What is 'solo'?

Solo is a time for reflection and introspection. Students relax and recharge as they think about what they have experienced throughout their course. Typically the Connecting with Courage® and Passages® solo lasts anywhere from two to eight hours, depending on the progress of the group. The Environmental Expeditions solo is generally a 24-hour overnight experience. It is not a survival exercise. Each student is assigned an area, provided with water, food and other essentials, and monitored by instructors.

7. May I call home?

Students are not allowed to call home unless in case of an emergency or extenuating circumstances, in which case he or she would have access to a phone. Students can send and receive mail.

8. How many instructors per group?

There typically are two instructors in the field per group: a lead instructor, an assistant instructor, and a support person. When on the boat, a Coast Guard licensed captain is one of the instructors.

9. How old are the instructors?

Instructors are on average from 22 to 32 years of age. More experienced lead instructors tend to be in their mid-twenties and older. Summer interns who help support courses are typically in their early twenties.

10. What kind of training do instructors have?

All instructors are required to have completed intensive Outward Bound training programs, CPR, and First Aid. Lead instructors are required to have earned Wilderness First Responder certification and have extensive field experience working with youth and leading expeditions. Many instructors have backgrounds in education, child development, outdoor education, and clinical studies.

11. Does Thompson Island Outward Bound check the backgrounds of its instructors?

Yes, we conduct a GIS national background check on all employees.

12. May I contact alumni?

Yes. Contact us by email or by phone and we will provide you with names and phone numbers of alumni.

Email: Admissions@thompsonisland.org

Phone: 617-328-3900 x 144

Check out our web site:

www.thompsonisland.org

for more information...and to see photos of last year's expeditions.

You can also find us on Facebook!

Please return the following completed course and/or scholarship applications to:

Thompson Island Outward Bound.

P.O. Box 127 ▪ Boston, MA 02127 ▪ Phone: 617-328-3900 ▪ Fax: 617-426-5637
email: admissions@thompsonisland.org

